



04 Health procedures

04.06 Oral Health

Horns Drove Community Childcare provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks and tooth brushing.

- Fresh drinking water is always available and easily accessible.
- Sugary drinks are not served.
- In partnership with parents/carers, children are discouraged from using a bottle
- Only water and milk are served with morning and afternoon snacks.
- Children are offered healthy nutritious snacks with no added sugar.
- Parents/carers are discouraged from sending in confectionary as a snack or treat.
- Staff follow the Infant & Toddler Forum's Ten Steps for Healthy Toddlers.

Where children clean their teeth when at the setting

- Children are encouraged to brush their teeth as part of the daily routine. Teeth should not be cleaned for at least one hour after a meal as this can cause loss of enamel.
- Each child has their own toothbrush, which is stored individually to prevent accidental contact and cross contamination.
- A small amount of toothpaste is put onto a blue paper towel before applying to the brush to prevent cross contamination.
- Toothbrushes are cleaned at each session and sterilised weekly in Milton or similar disinfecting fluid.
- Toothbrushes are changed every three months and provided by parents/carers.
- Oral hygiene activities are included in planning at least every three months when toothbrushes are changed.
- The setting co-ordinates with local oral health and ensure procedures are reviewed regularly, additional guidance from the local team may be added to this procedure.

Dummies

- Staff work with parents/carers to discourage use of a dummy when the parent is ready, or when the staff member feels that the dummy is negatively impacting on an area of the child's development. This is raised sensitively, and efforts are made to support the child through this transition where possible. Staff will not withhold a dummy when the child is upset and is communicating that they want the dummy, if they have brought it with them to the setting.
- Dummies that are damaged are disposed of and parents/carers are told that this has happened

Document

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Signed	Lily Greenough
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Role of signatory	Deputy Manager